



## Do your part in the fight against Tuberculosis (TB)

**For more information:**

- Contact your local clinic.
- For more information, contact URC at [TInfo@urc-sa.com](mailto:TInfo@urc-sa.com) or the National TB Control Programme on tel: (012) 312-0106.



# (TB)

Closed environments without sunlight and wind make it easier for the TB germs to multiply.

## Let the air circulate freely

Science has already proved that a ventilated and well aired environment is good even for those who have a simple cold. Leaving windows and doors open is even more important in the case of tuberculosis (TB). Closed environments without sunlight and air make it easier for TB germs that cause disease to multiply.

Tuberculosis is one of the world's oldest diseases, although its curable and treatment is free and available, thousands of people still die every year because of this disease.

Take part in the fight to stop TB. Encourage friends, family, colleagues and neighbours to keep the windows open, to allow air to move freely in and out of their houses/workplaces.